

Mentors, Mindsets & Role Models

PEER MENTORING

Northeast Texas Community

College GEAR UP Project

Mt. Pleasant, Texas



Texas GEAR UP Promising Practice

This program has been recognized as a Texas GEAR UP Promising Practice by the Texas Education Agency and Texas GEAR UP. The model is featured in the 2009 "Mentors, Mindsets & Role Models" toolkit designed to assist schools, districts, and community groups in their efforts to create or expand mentoring opportunities.

All print materials are the property of the featured mentor programs and are not endorsed by the Texas Education Agency. The programs have generously donated their resources to help foster program replication and implementation. Materials are for informational purposes only.

www.texasgearup.com



Communities In Schools of Northeast Texas

Ground Rules for Mentoring – The Do’s and Don’ts

- Do develop a relationship
- Don’t expect to have all the answers
- Do be supportive, empathetic, and non-judgmental
- Don’t be intrusive or pry
- Do maintain boundaries; recognize and set limits
- Don’t criticize the past
- Do listen
- Don’t lecture
- Do be consistent, positive, and flexible
- Do use praise and encouragement
- Do allow students to make their own decisions
- Do model appropriate behavior
- Always keep the caregiver “in the loop”
- Do maintain confidentiality
Unless a child shares information that the child may hurt him/herself or others, or is being hurt by someone. This should be reported to a CIS Youth Services Coordinator, or to the Volunteer/Mentor Coordinator immediately.